



**NEED SUPPORT?**  
support@restech.solutions  
<https://rts.sh/support>  
**713-936-6855**



Support Page  
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YOUR 'IT' LIFESAVER



- Are you struggling with a technical issue?
- Do you need answers or support quick?
- Are you stuck, panicked, and unable to work?

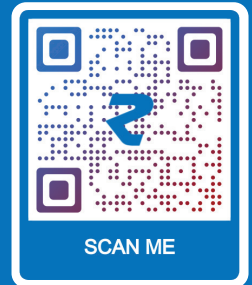
*Don't panic*  
**RESTECH**  
SOLUTIONS  
*is here to help you!*



## YOUR 'IT' LIFESAVER TIPS

1. Take periodic breaks from looking at your monitor to prevent eye strain.
2. Proper posture will help prevent strain & soreness.
3. Lock your computer when you walk away using the Windows + L key combo on your keyboard.
4. Use Task Manager to help troubleshoot issues or check system resource usage.
5. Regularly clean out "junk files" on your computer.
6. Having connectivity issues? Check your internet/network connection.
7. Printing issues? Ensure the printer is powered on and your computer has an active connection to the printer.
8. **Restarting your computer can resolve about half of the issues you experience.**
9. Get your system info by right clicking the Windows Start button and selecting System.
10. Contact us for additional help and support!

**Have an urgent 'IT' issue? Call us at 713-936-6855.**



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Tips Page  
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